

O All-merciful Lord!

Grant me the divine gift of holy prayer,
flowing from the depth of my heart.

Gather together the dispersed thoughts of my mind, that it may always strive towards its Creator and Saviour.

Destroy the burning arrows of the evil one,
which tear me away from Thee.

Quench the flame of the passionate thoughts
that devour me during prayer.

Cover me with the grace of Thy Most-holy Spirit, that to the very end of my sinful life I may love Thee alone with all my heart, all my soul and mind, and all my strength, and in the hour when my soul takes leave of my mortal body, O Sweetest Jesus, take into Thy hands my spirit when Thou comest into Thy Kingdom.

Amen.

Prayer of St. John of Kronstadt